

**HARVEST
2018**

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EDITORIAL: by Saira Tuntong



Very often, we get so wrapped up in life's day to day activities that God's presence, which brings us His peace, seems to elude us. This peace is what the minister refers to when he/she says, "The peace of the Lord be always with you" or "Go in peace to love and serve the Lord." This is the peace we need for calm contemplation on the many blessings we should be thankful for.

For example, we should be thankful for:

- God's love for us, which He showed by sending His Son to take our sins.
- Our parents and friends, who are there to support us in all our endeavours.
- Clean water to drink and to nourish our plants.

- Sunshine, which is so important to good health, and the strength and growth of plants.
- Wind to cool our bodies and scatter the seeds.

We need to show our gratitude all the time, and not wait for special occasions, like Thanksgiving or the celebration of a life. Could you imagine how much the lives of many people might have changed if they had heard the good things and gratitude that their peers had expressed during the tributes and eulogies? They might have been encouraged to be even better people.

Thanksgiving, praise and gratitude are themes that resonate throughout the Bible and we are encouraged to express them in

various forms. So, let us not be so busy with the problems and pleasures of the world, but let us take time to be calm and have God's peace surround us. Then we will be able to appreciate His blessings.

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."
(Colossians 3:15)

News from FAMILY LIFE



Happy Fall,
Thank God for our beautiful summer. Some church members enjoyed the meeting with Father Bob and Mother Aloha this past August. It was a very inspirational retreat. Thank you to all those people who made this possible. We are so blessed to be able to come to our place of worship, St. Barnabas. Lately there has been so much bad news in this

world. God bless all children. May they all grow up in the world with love in their hearts.

We are planning our next event, the Fall Fair. We do need **HELP**. We have lost some of our dearest members this past year. We try to do different events for our church and community. It involves a lot of work, which cannot be done with just a few hands. Please consider joining this very important group. Our next meeting is

Oct. 20. We welcome you. Please keep in mind that we will need donations. Information will be available soon.

God Bless This World,
Mabel & Sylvia





Photos @ St. Barnabas: Ven. Pamela's Retirement



On June 17th, 2018, we celebrated the Ven. Pamela Yarrow's 5.5-year career with St. Barnabas Church. Following the Confirmation service, over which Bishop Mary presided, Ven. Pamela was gifted with a quilt made by Mabel Georges (left), of the Family Life Group, signed by as many well-wishers who could find space, and the right words to thank her for her friendship, guidance, and patient, dedicated service. Rector's Warden Madeleine Fortin-Simpson (right) presented her with the proceeds of a collection taken up by Faustina Hadaway, before former People's Warden Jacques Dioffe gave a humorous, yet heartfelt speech. Suiyu Tunteng and Music Director Matthew Lane later brought the festivities to a close, and a tear to Ven. Pamela's eye, with their moving musical tribute. Friends by Michael W. Smith.

St. Kitts and Nevis Masquerade by Paulette Armony Joseph

This cultural dance experience has been in existence in St. Kitts and Nevis for over 300 years, created by the enslaved peoples of West Africa, who brought their traditions with them. It is imbued with elements of Amerindian and European influence. The colourful costume, a long-sleeved shirt and long pants, is adorned with ribbons, bells, and mirrors, and is worn with a cape, a mask, an apron, a wooden tomahawk and a head dress of peacock feathers.

In the (West) African tradition, it is thought that the masks kept the Spirits of the African Ancestors well hidden behind them. The headdress of peacock feathers also symbolizes an African connection to the Spirit world, as well as the influence and presence of the Amerindian people of that time.

The accompanying music is traditionally played by the bass drum (big drum), along with the fife and kettle drum – the British influence. As exciting as the costumes and music are, the dances (about seven in all) are "can't take your eyes off them." The dancers move from the

sedate European Quadrille and Waltz to the African Bai lo-lo and Wild, seemingly in total abandon and in total synchronization with the pulsating sound of the big drum and the hypnotic fife.

In St. Kitts and Nevis, the Masquerade as well as other 'Christmas Sports' can be seen and heard around the islands — particularly at Christmas time — even in present day. That goes back to the then English ruling caste relaxing their regulations regarding drumming, dancing and congregating as they themselves enjoyed the Christmas festivities.

Originally only performed by males, one can find females in almost every Masquerade troupe today, as well as energetic little ones as young as four years old, in full dress, dancing the slight changes to the costume, and the Masquerade can be recognized on other islands, but no one can take the Masquerade music and dance out of Christmas and the lives of Kittitians and Nevisians anywhere.



Living an “Attitudē of Gratitude” by the Ven. Ralph Leavitt

As we enter this season of Thanksgiving, the first thing I want to do is to give thanks for the privilege of being your Interim Priest here at St. Barnabas. Bishop Mary has appointed me on a half-time basis for six months, and that is renewable. I expect I will probably be with you until your next incumbent starts. Thank you for allowing me to walk the path of faith with you in this chapter of your parish life.

Thanksgiving is a wonderful season. Nature puts on a spectacular show before setting into winter. And with an attitude of thanksgiving in our mind, it is good to list all the things we are grateful for. Psalm 95 says it so beautifully: “O come, let us sing unto the Lord, let us shout for joy to the rock of our salvation. Let us come before his presence with thanksgiving...” It is wonderful to start each day by giving thanks for the gift of life, for the gift of the day and all the people and events that await you. This “attitude of gratitude” is a good habit, it brings us closer to our Lord and helps us bring about God’s kingdom here on earth.

In actually taking the time to list these things, we are able to take a step back, be humble, and give thanks. For instance, when was the last time you gave thanks for the roof over your head? Or for the food you receive every day? Or for your good health? It seems in the rush of life that we often take these basics for granted. We shouldn’t. We should give thanks to our gracious Lord who provides everything.

With gratitude in your mind, here are three questions you might ask yourself:

- What have you given Jesus lately (this month, this year)?
- What could you be giving Jesus that you aren’t?
- If you were to put Jesus first, how would that change your life? (What would you start doing, what would you quit doing?)

These questions take the emphasis off ourselves and put the emphasis where it should be, on our Lord. In the context of our faith, we should always be asking these questions to keep us centered, to make sure that we build on the solid foundation of Jesus Christ himself.

As you give thanks this year, I pray that your thanks will be centered on our Lord, and that you will listen for how you should advance your faith and your service to God’s kingdom.

Here is a Thanksgiving prayer from the Canadian Indigenous Prayer Calendar: “Creator, we give you thanks for all you are and all you bring to us, for our visit within your creation. In Jesus, you place the Gospel in the center of the Sacred Circle through which all of creation is related. Give us the strength to live together with respect and commitment as we grow in your Spirit, for you are God, now and forever. Amen.”

Bless you in this season of thanksgiving.

Ralph+

MARK your CALENDARS

FAMILY BREAKFAST October 20th, 2018

9:00 a.m. – 2:00 p.m.

Potluck Breakfast in the Hall. Come for fellowship and fun, and stay for the Family Life meeting about the Fall Fair.

HALLOWEEN MASQUERADE October 28th, 2018

Noon—1:00 p.m.

Halloween-themed coffee hour after the 10:30 a.m. service. Wear a mask and enjoy some frightfully good treats provided by the Sunday School.

FALL FAIR November 10th, 2018

9:00 a.m.– 3:00 p.m.

There’s a ho-ho-whole lot to be found at our annual Fall Fair. Knitting, preserves, baked goods, books, jewelry, and a variety of treasures – something for everyone on your list. Our café opens at 9:30 a.m. and lunch is served from 11:30 a.m. to 2:00 p.m. Come and visit us. All are welcome!

Watch this space in the next edition of The Script.

www.st-barnabas.gc.ca



Humour Corner

Them Apples

A church had a picnic and invited the entire community to come. The pastor placed a basket full of apples on one end of a table with a sign saying, “Take only one apple, please— Remember that God is watching.”

On the other end of the table was a plate of cookies where one of the children had placed a sign saying, “Take all the cookies you want— God is watching the apples.”

The Doorbell

A pastor is walking down the street one day when he notices a small child trying to use the doorbell on a house across the street. However, the boy is very small and the doorbell is too high for him to reach.

After watching the boy’s efforts for some time, the pastor walks across the street up to the little guy and rings the doorbell for him. Kneeling down next to the child, the pastor smiles and asks, “And now what, little man?”

To which the boy replies, “Run!”

Anglican Church Women Newsletter, October 2017
Submitted by Sylvia Jones



...to be of Christ, in Christ, and to proclaim Christ's love in this world.

ON the LIGHTER SIDE: submitted by Suiru Tunteng

The Back Pew – Jeff Larson

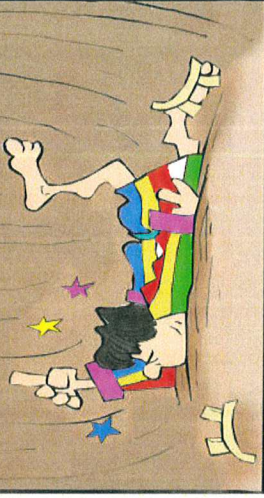
Sam.. for the last time, neither I or Mr. Teddy called you.



After a few sleepy chats with Eli.. Samuel realized God was speaking to him. | Sam 3

The Back Pew – Jeff Larson

Both figuratively and literally this moment IS the 'Pits'.



and Joseph's life HITS BOTTOM. Genesis 37

Photos @ St. Barnabas:

Joint Service & Picnic at CTR Lutheran



Luther's Coat of Arms was gifted to St. Barnabas Church by Arne Kallio (bottom left, center). Arne is a talented woodworker and parishioner of Christ the Redeemer Lutheran Church. He has created several other pieces for them, and lives in Hudson.

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Tues.—Thurs..

9 a.m.-12 p.m. & 1-4 p.m.