

**PENTECOST
2019**

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**A Note from
FAMILY LIFE**



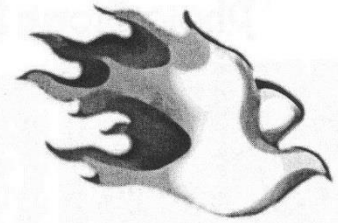
Summer is late. Let's hope and pray for a happy and healthy summer.

To all those people who helped at the Garage Sale, a big thank you for your help and time.

To our dear friend Mabel, God bless you and keep you. Enjoy your special day on June 28th!

Love from Sylvia Jones and the Family Life Group

The SCRIPT



EDITORIAL by Suiru Tunteng

God made us the stewards of His perfect world which is now undergoing adverse changes due to global warming. Scientists explain that heat-trapping greenhouse gases have contributed to our planet's rising temperatures. Most of these gases are the result of our activities. We must seek the Holy Spirit's guidance in helping us to be more mindful of our responsibilities in helping to reduce these greenhouse gases.

As we have observed, rising temperatures have already had a number of negative effects. One has been the melting of glaciers resulting in rising sea levels. This has caused flooding and displacement of sea creatures. Another is the extreme weather patterns, including more intense heatwaves and more severe hurricanes. Also, there has been an uneven distribution of precipitation that has caused many places to receive too much rain or snow while other places get very little, leading to severe drought.

In addition, ecosystems have changed as some animals have migrated to other places to survive while others have died out. The changing ecosystems have also disrupted vegetation and insects.

However, we should be able to find ways of carrying out our day to day activities without polluting the atmosphere. Environmentalists have suggested the use of renewable energy in the form of solar and wind power as well as the use of electric cars. Restoring vegetation would reduce the amount of carbon dioxide being emitted into the atmosphere because the plants would be using it.

These ideas, as well as others, need to be taken into serious consideration.

So, we need the Holy Spirit now to give us direction to continue protecting the earth. We must also search our hearts to make sure that what we are doing is not hurting our environment but helping it.

Email the Easy Way

Let's say that you want to set up your PC to send and receive email. First you would have to see if there is a program for email and install one if there isn't.

Then you will have to open the email software and configure your email settings.

You would have to find out what your email address is, put in your password and probably have to set up SMTP and POP3 ports.

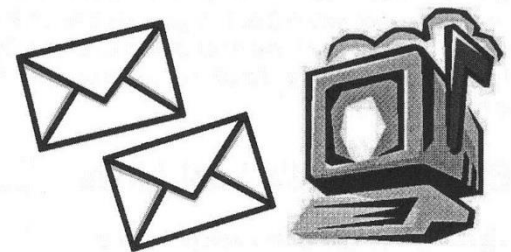
There has to be an easier way. There is.

Just fire up your web browser and go to <https://www.gmail.com>.

The "https" will make sure that anything you type on the web page will be scrambled so no one else can see what you are sending to the web site.

There you can request a Gmail account. Type in the user name you wish to use and check to see if it is available. If it is not then you will be offered similar one.

Select the name you want, enter a password and also enter something for the security question.



This is very useful if you forget your password.

Finish the process and you will now have an email address.

Sign on using your email user name and password.

You can now click on the compose box on the left to send an email.

Any email you have received will be in the screen below you.

You can leave your email in your inbox if you do not wish to delete it; Gmail gives you 15 Gigabytes of space which will hold thousands of emails.

Also, by using the web site, you can check your email or send a new one from any PC with internet access.

Submitted by Bill Shane

Photo Story: Beat the Winter Blues



On February 2, 2019, parishioners dusted off their love beads, put on their platform boots and boogied on down for a groovy time – it was the 60's and 70's all over again! Many posed with the VW bus made by Debbie Shane, tagged with a line from the famous Beatles song, *All You Need is Love*. Famous sayings and pictures of favourite TV shows decorated the walls. DJ Rich Jones played popular songs while Debbie got people on their feet for classic dances such as the Locomotion. At the end of the evening, Sylvia Jones presented door prizes to the lucky winners. To all the squares who stayed home — *up your nose with a rubber hose!* - KS

Emily Brontë's Last Lines

Here are a few verses from a poem by Emily Brontë, posthumously dubbed 'Last Lines' by her older sister Charlotte who wrote, "The following are the last lines my sister Emily ever wrote." The Brontë sisters were true daughters of an Anglican manse, their father being an Oxford-educated, ordained minister of the Church of England. Emily is more celebrated for her novel *Wuthering Heights*, "a tragedy full of dreamland and delirium", than for her collected poems that fill one slim volume. Apparently the Brontë's were a happy enough family—except that tuberculosis was rampant in their community around Haworth, UK, and in fact in the entire English countryside at the time, tragically causing many, many early deaths. Emily herself tragically died at the young age of thirty. Her life and works became a big

influence on the thoughts and writings of Daphne du Maurier, the author of *Rebecca*. Enjoy the poem!

'Last Lines'
 No coward soul is mine,
 No trembler in the world's storm-troubled sphere:
 I see Heaven's glories shine,
 And faith shines equal, arming me from fear.

O God within my breast,
 Almighty, ever-present Deity!
 Life – that in me has rest,
 As I – undying Life – have power in Thee!

Vain are the thousand creeds
 That move men's hearts: unutterably vain;
 Worthless as withered weeds,
 Or idle froth amid the boundless main.

To waken doubt in one

Poetry Corner

Believers Dream

By Banke Lawal

I had a dream I was king and I ruled
 but I was just a boy almost the
 youngest of a dozen

I had a dream I was king and I ruled
 My pride led to hate and my subjects
 against me

I had a dream I was king and I ruled
 when I opened my eyes I was just a
 slave

I had a dream I was king and I ruled
 I ruled as a servant to a man almost
 king

I had a dream I was king and I ruled
 my prison was no palace but a dark
 open space

I had a dream my dream was true
 I was prepared to be the man of my
 dreams

I am a king a king at last
 with the heart of a servant greater
 than I dreamed

Holding so fast by Thine infinity;
 So surely anchored on
 The steadfast rock of immortality.

With wide-embracing love
 Thy spirit animates eternal years,
 Pervades and broods above,
 Changes, sustains, dissolves, creates,
 and rears.

Though earth and man were gone,
 And suns and universes ceased to be,
 And Thou were left alone,
 Every existence would exist in Thee.

There is not room for Death,
 Nor atom that his might could render
 void:

Thou – Thou art Being and Breath,
 And what Thou art may never be de-
 stroyed.

Submitted by A. Laki.
 Have a lovely summer everyone!

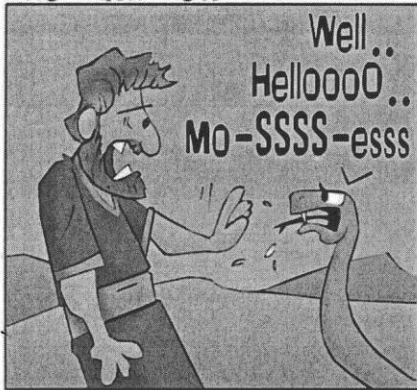


...to be of Christ, in Christ, and to proclaim Christ's love in this world.

ON the LIGHTER SIDE: submitted by Suiru Tunteng

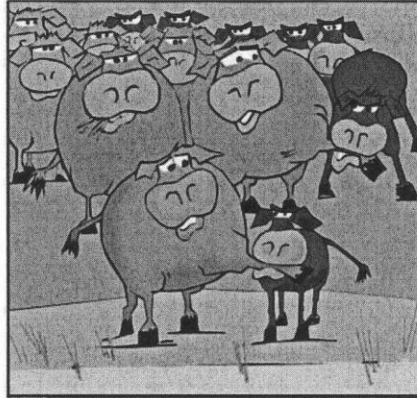
Parish of St. Barnabas (estab. 1959)
12301 Colin St., Pierrefonds, H9A 1C3
514-684-4460

The Back Pew - Jeff Larson



and Moses threw down his stick as God commanded and it became a snake.
Ex 4:1-3

The Back Pew - Jeff Larson



So the seven hunt cows EAT the seven fat cows.
Genesis 41:1-4 A clearly horrific MOOD-ment in the history of cowdom.

PHOTOS:

P1: [HTTP://CLIPART-LIBRARY.COM/COMPUTER-E-MAIL-CLIPARTS.HTML](http://clipart-library.com/computer-e-mail-cliparts.html)

P2: DEBBIE SHANE; QUOTATIONS & POEM TAKEN FROM CLEMENT SHORTER, EDITOR. THE COMPLETE POEMS OF EMILY BRONTË. PANTIANOS CLASSICS, PUBLISHER. 1908. PAGES 18 & 48.

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The Peace of Christ

Happy Pentecost season!

May the Holy Spirit continue to guide and direct you in all the decisions of your life.

In the Gospel of John, when Jesus tells the disciples that he will send the Holy Spirit to them, he makes them a promise. His promise is yet another gift, the gift of peace. He says to them (and to us), "Peace I leave with you; my peace I give to you." Jesus continues to say about this gift of peace, "I do not give to you as the world gives."

What can he mean by that?

Jean Vanier, the founder of the L'Arche communities who recently died, wrote in his book *Drawn into the Mystery of Jesus through the Gospel of John*:

"The peace Jesus promises is not just a balance of forces or an absence of war. It is not just a good feeling inside of us, a feeling of centeredness, wholeness, quietness, stillness, or inner silence. It is not merely an absence of inner conflicts or of desire, as early Greek philosophers taught. No, this peace is more than all of these things combined. It is the trust that Jesus is there with us and in us. For Jesus is our peace. Peace is resting in the beloved, having total trust in him. It is the peace of a child resting in the tender arms of her mother."

I think the main point of Vanier's explanation is that Jesus himself is our peace. Jesus himself comes to us in the power of his Holy Spirit and dwells within us. This is why the peace that Jesus gives is different than any peace you can find in this world. This peace is not a thing, but a person. It is not a commodity, but a relationship. It is not temporary, but eternal.

So often we try to find a quick fix for our fears, we try to ignore facts, push things under the carpet, deny life. Such temporary measures never really give us peace. Jesus' peace is different because it takes away all fear, even the fear of death itself. Jesus takes this away.

However, for you to benefit from Jesus' peace, you must lean on him, and ask for his peace. You must try to give him all your worries! It is when you can come to the place where you can say, "Lord, I give this to you and I put myself totally in your hands" that suddenly there will be peace.

Your circumstances do not disappear, but suddenly, with Jesus now in the driver's seat, you can relax as the passenger. And come to know his peace.

My prayer for you this Pentecost season is that you will know the peace of Christ. The peace that passes all understanding.

Thanks be to God.
Ralph+