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## EDITORIAL: by Suiru Tunteng Co-Editor

At the time when Jesus was manifested to the world, there was great unrest. A Messiah was expected to deliver the Jewish nation and unite various tribes.

So when the angels sang: “Glory to God in the highest and on earth peace and good will towards all people” they acknowledged the greatness of God, the importance of peace and the unity of all men. Peace has always been the dominant theme of Christmas; whether it’s inner or external.

Internal peace involves being in a state of tranquility and spiritual calmness. Many events in our world can cause us to become worried and fearful. Our everyday lives are filled with duties and obligations that can stress us out. However, if we are able to handle them calmly and with a clear head, we will be more at ease with ourselves and others.

External peace involves understandings between different religions and races. Wars and conflicts arise between countries around the world because various groups of people can’t co- exist. Often, this leads to divisions among ethnic and religious lines. Real external peace will never be fully realized until people are better educated and are willing to be open-minded and have inner peace.

Jesus came into our world at Christmas as “The Prince of Peace”. He showed us how to live with one another through His lessons and teachings. These will enable us to live with others the way He wanted us to.

## Christmas Quiz –Answers pg 7

- How many of Santa’s Reindeer have names beginning with the letter ‘D’?
- How many different types of birds are mentioned in the ‘Twelve Days of Christmas’ song?
- Which Christmas song repeats the lyrics, ‘O come, let us adore Him’?
- Where did Mary and Joseph live before Jesus was born?
- What does the angel say to the shepherds when they tell them to go to Bethlehem?

## Jokes & Christmas Puns

What do you call an obnoxious reindeer? *Rude-olph.*

How do you know when Santa's around? *You can always sense his presents.*

What do snowmen eat for breakfast? *Frosted Flakes or Ice Crispies.*

What begins with the letter **T** and ends with the **T** and is full in the middle? *A tea pot.*



## A Prayer to prepare for the New Year Ahead

Thank you for new beginnings. What an incredible day this is with a fresh years potential stretched out before me. I want to be found faithful this year in each and every opportunity You bring to me.

Thank you, Lord, for new beginnings. I pray this Jesus name. Amen

Pastor David McGee

## Christmas tree Prayers

Buy some sparkly gift tags or cut up cards from last year.

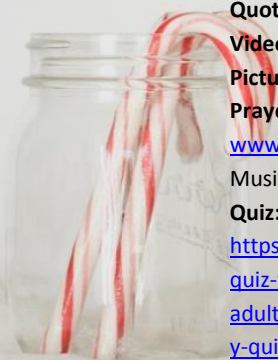
Write on the plain side people or situations you want to pray for.

Hang them on the tree as a sparkly reminder – just as the lights, so do these prayers are like a candle that lights up the lives of those in need.

Keep a few extra on hand so you can go to your tree, when you think others are in need of prayers.

[www.churchofengland.org](http://www.churchofengland.org)

Bible : NSRV  
 Pictures & Images : [www.Pixaby.com](http://www.Pixaby.com)  
 Jokes: [www.parade.com](http://www.parade.com)  
 Quotes: [www.inspirationpeack.com](http://www.inspirationpeack.com)  
 Videos: [www.youyube.com](http://www.youyube.com)  
 Pictures: Geoffery Alleyne's videos  
 Prayer for New Year's: [www.womensday.com](http://www.womensday.com)  
 Music: [www.YouTube.com](http://www.YouTube.com)  
 Quiz: <https://christmasphere.com/christmas-quiz-for-adults/>, <https://christmasphere.com/nativity-quiz/>



## My favorite Christmas Song – Debbie

For me it will and always be "**The Little Drummer Boy.**" I have loved it for as long as I can remember. I remember hearing in on the radio and watching the original movie in my PJ's when I was young. It played every Christmas. I have the DVD now and to be honest; I get a lump in throat every time I hear it or watch it.

We see in the beginning that Aaron has some hatred and revenge in his heart, when his lamb was struck. He really prayed for his little lamb to live. Wow, he shows us that having faith and hope that we can all be healed such a strong message! Yes his lamb was healed!

It is such a lovely, sweet story, how Aaron gives what he can to the baby Jesus, even if it's a meager offering. Notice that he didn't give Jesus his drum; he gave him a song. It tells us, we don't always have to give material gifts. We can give of ourselves, whether it is through sharing our talents, our time, or just our love. Aaron had nothing of worldly value, he gave what he had and he did so from his heart.

"Blessed are the pure in heart, for they shall see God."

Enjoy

<https://www.youtube.com/watch?v=dZvjPCcHl4g>

**The Little Drummer Boy**

Note: All our services are also on zoom – check our website for details

### Mark Your Calendar

**Christmas Eve Service** – December 24<sup>th</sup> Carol singing at 7:00pm,  
Holy Eucharist Service at 7:30pm

**Christmas Day Service** – Holy Eucharist 9:00am

**New Year's Eve service** – Holy Eucharist December 31<sup>st</sup>  
at 7:30pm

**New Year's Day service** – Holy Eucharist January 1<sup>st</sup> at 9:00am

WEEKLY –

**Wednesday Mornings** - Holy Eucharist at 10am in the lounge  
**Bible study** with Earnest after the services

**Compline** with Deacon Debbie Friday Evenings at 7:00pm on  
Zoom

**Madeleine's Mindfulness** Details for the New Year to come



### Please Hold in Your Prayers...

#### Parish

Marcia, Geraldine,  
Bernice, Nancy, Salima,  
Ashford, Joan, Beverly,  
Jennifer, Donna, André,  
Theresa, Debbie, Mildred,  
Marlene T,  
Jim, Fr. Bob, Cynthia,.

May God's healing hand  
rest upon their  
shoulders

#### In Memory 2022

May they rest in peace and rise  
in glory.



Thanks be to God for indiscernible gift! -  
2 Corinthians 9:15

**The AGM is on Sunday the 29th of January 2023**

**The deadline for the reports is January the 8th 2023.**



Love came down at Christmas, love all  
lovely, Love divine; love was born at  
Christmas;  
Star and angels gave the sign-  
Christina Rossetti  
<http://www.quotegarden.com/home.html>

### Peace on Earth – Sylvia Jones

I hope and pray all people can live  
in a more peaceful and prosperous  
world than what we have been  
dealing with these past few years.  
May we all enjoy a more peaceful  
and healthful New Year

\*\*\*\*\*

'Be thankful for what you have;  
you'll end up having more. If you  
concentrate on what you don't  
have, you will never have enough.

*Oprah Winfrey*

Talk show host, producer, actress  
and philanthropist

The greatest gift is a portion of thyself. -  
Ralph Waldo Emerson

It is Christmas every time you let God  
love others through you... yes, it is  
Christmas every time you smile at your  
brother and offer him your hand. -  
Mother Teresa

## The Alpha Program at St-Barnabas – Jacques Diotte

St-Barnabas hosted the Alpha program which Began on Sep 15<sup>th</sup>, and ran for a duration of 11 weeks. The program was led by The Rev. Neil Mancor who is serving as the Congregational Development Coordinator at the Diocese of Montreal

### What did we get from the Alpha Program

The people who attended the sessions at St-Barnabas felt that although Alpha reaches different people at different levels, all attendees acknowledged a sense of togetherness, or family gathering. The body (or the church) of Christ serves a greater purpose when all parts are gathered together, and work together with the same goal. Although Alpha is designed to answer basic questions about Christianity, we are sometime reminded to get back to basic and regardless of our present and personal relationship with Christ this Alpha program can certainly enriched our walk of faith and get us back on track. Thank you to all of you who have attended this course, and a big thank you also to The Rev. Neil Mancor for his leadership, and for putting up with us for 11 weeks. Thank you also to The Rev, Dorothy for encouraging us and putting together the Alpha team, and for my partner Elisha Jacob.

Last but not least, I want to extend our most sincere thanks to all of you, for your overwhelming generosity, and contribution in supporting the Alpha Program, hosted in our Parish. The planning of this event started in early May, and required many efforts, planning and support from various people to make it happen. To those of you who have provided meals, and funds for the entire program, Thank you! Thank you also for your support in freely giving some of your time and for your prayers. Without your contribution, this event would not have been possible, but all of you have indeed answered the call, and I thank God for that.

### Some background.

*Alpha began at a church called Holy Trinity Brompton (HTB) in London in 1977, it was taken by Nicky Gumbel in 1990 and repositioned as a course for those outside the congregation. It is 30 years since Nicky Gumbel took over Alpha and started turning it into a global phenomenon. The course has now been taken by an estimated 23 million people across the world, making Gumbel arguably the most influential Christian in Britain today.*

*Alpha presents itself as "a basic introductory course to the Christian faith. It provides a clear and non-threatening way to bring the Gospel of Jesus Christ to people from all walks of life, it helps lead people to a personal relationship with Jesus Christ, is ecumenical in that it covers the basic Christian truths shared by all traditions, and one of the most effective form of evangelism known today. Alpha also serves as a refresher's course even if you have been a Christian for a very long time.*

*Home - Alpha ([alphacanada.org](http://alphacanada.org))*



## Updates from - Darleen Diotte

### Samaritan's Purse (Operation Christmas Child)

'Let the little children come to me and forbid them not, for such is the kingdom of God'. Mark 10:14

We just completed another successful season thanks to the generous people of St. Barnabas. We delivered 57 boxes for children in 3rd world countries.

Thank you for your support. Remember every gift represents a precious child, loved by God.



### Suitcases for Africa

For those who do not know the history of Suitcases for Africa I will give you a short summary.

S.F.A. is a grassroots organization formed in memory of Dr. Ebi Kimanani. Tragically, she died of Malaria in 2005. She grew up in Itegero and worked through the West Island community to integrate her two cultures. With the help of schools, churches and community groups and individuals we work to improve living conditions in impoverished rural Kenya.



We help Victor and other vulnerable children with education, food supplementation and areas where needs are greatest.

So far this year we have forwarded \$1,132.35 to Kenya.

That is a lot of money, especially in Kenya and I thank you from the bottom of my heart for your love and generosity.

## Christmas Food Baskets

Sandra Everitt

These are pictures from the Saturday morning of when the food baskets were delivered.

Four students from John Abbot College Christian Club came to help deliver the food and were a wonderful in loading the cars and in delivering the boxes of food to the families.

Six families received a full Christmas dinner and additional food to combat food insecurity well into January.

Additionally Mile End Mission was provided with four turkeys and breakfast meat.



Thank you

## Christmas Presents for your Computer -Bill Shane

Now that it is almost Christmas here are a couple of presents for your computer. They will also make your life better.

If you are like me, I have downloaded some things multiple times to my computer in different directories, and sometimes they are in the same directory under multiple names.

I wish I had an easy way to find any duplicates.

Well, there is one.

There is free software called CloneSpy. It can be downloaded from CloneSpy.com.

After you have downloaded it and installed it when you start it you will have a number of options.

You can select to process just one directory or 2 at the top right.

You would then select the directories.

You can select the option to manually choose the duplicate that you want to delete.

Or you could have this done automatically.

You can also restrict the type of objects that you want to delete.

Another thing that I have trouble with sometimes is that I have a large file that I want to transfer to someone.

I don't want to use email but I would still like to do the transfer.

Well, as I have a Gmail account I can use Google Drive.

Every Gmail account comes with 15 Gigs of disk space in the cloud that you can use.

You just need to follow the direction in the URL below.

<https://www.thundercloud.net/infoave/new/how-to-share-large-files-with-friends-and-family-using-google-drive/>

I would like to take the opportunity to wish you and yours a merry Christmas and a Happy and healthy New Year.



## Christmas Quiz Answers

- #1 6 types of birds: Partridge, Turtle Doves, French Hens, Calling Birds, Geese, Swans
- #2 Three – Dasher, Dancer, Donner
- #3 O Come All Ye Faithful
- #4 Nazareth
- #5 'Glory to God in the highest, and on earth peace, good will to all men'



# Sunday School News



Sunday school Christmas Play



## SOME FUN THINGS TO DO OVER THE HOLIDAYS

Get a group of together, sing some carols and go out for some hot chocolate.

Have a family game night! Pick a classic game like Trouble or Monopoly. There are lots to choose from.

Watch a classic Christmas movie. Some of my favorites are: Heidi, The Sound of Music, It's a Wonderful Life, Jingle all the Way... I could go on and on, but you get the idea.

Take a trip downtown and see the sights. Old Montreal is especially nice, this time of year.

So enjoy your holiday. Take this time to relax, have fun and take lots of pictures.

**"You don't choose your family. They are God's gift to you, as you are to them."** Desmond Tutu

<http://www.quotegarden.com/home.html>



Did you know? -

Gabriel, Michael, and Lucifer are the three angels mentioned by name in the

The longest word in the Bible is Maher-shalal-hash-baz. <http://biblehub.com/acts/23-16.htm>

Mince Pies were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that Jesus slept in as a baby, with the top representing his swaddling clothes.

<http://www.whychristmas.com/customs/mincepies.shtml>

Paul had a sister (Acts 23:16).

**"Come kneel before the radiant Boy  
Who brings you beauty, peace and joy..."**



**Can you unscramble these words?**

- Sneaiwm
- Hteemelhb
- Vriign
- sseuJ
- Nearmg
- TFGI
- REET

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